

JOIN US:

Monday-Thursday 4pm-9pm

Saturday's 10am-2pm

Sundays 4pm-9pm

Well Wishes & Congratulations

We want to send well wishes to Michelle B.'s brother as he recovers in the hospital.

Upcoming Events

***Our favorite Irishmen are coming to America!!
Nyle and Eric arrive this week.***



Summer Fruit Salad

Let's Connect

Respite@citizens-inc.org

Virtual Connections

Summer Week 6

Kudos

Anthony

Has been enjoying the summer by exploring new places, like Adventure Land and beaches. He is hoping to make a day trip to Splish Splash.

Katie

Received her first cell phone, an iPhone 13! She also had ice cream and saw a fireworks display last night on Long Beach at her new home.

Lauren

Helped her mom prep dinner by cutting zucchinis, apples, bananas, and strawberries.

Michelle B.

Enjoyed a baseball game in the local park with her old friend Kyle.

Michelle R.

For the second time, she guessed the word during a game of Hangman without guessing any letters!

Vincent

Went to the movies and saw Top Gun Maverick. He went swimming at Saxon Woods Pool and he also helped his mom run errands at Costco.

STRIVES

-We discussed how we should not assume someone's gender based on how they look. Don't assume their preferred pronouns; just ask!

-We discussed how to be an ally to the LGBTQ+ community:

1. **Educate yourself** about the LGBTQ+ community.
2. **Don't out someone.**
3. **Be conscious of your language**
4. **Don't allow others to use slurs or other homophobic phrases; Stand up and speak out!**
5. **Make a safe space for LGBTQ+ voices to be heard.**

