

JOIN US:

Sunday-Friday 4pm-9pm
Saturday 10am-11am
2pm-9pm

Well Wishes & Congratulations



CARAMEL POPCORN

Let's Connect

Respite@citizens-inc.org

Virtual Connections

Winter Week 5

Kudos and Highlights

Sohum

Designed a birthday poster for
his computer graphics class.

Jeri Lynn

Helped her mom with the
laundry this week, went to
physical therapy and practiced
writing her letters.

Michelle R.

Has been assisting the Virtual
Connections performers by
giving support to the co-hosts
and helping play music as
needed.

Michelle B.

Had a wonderful time with her
family on a Carnival cruise this
past weekend. She enjoyed the
Sea Explorer where she saw fish
and seashells under water.

Noah

Spoke with the camp team,
along with April and Michelle R.,
and gave them ideas for Camp
Loyaltown this summer.

Anthony

Went to Argyle Park with
program and enjoyed watching
the ducks in the pond. He
participated in a Men's group on
Zoom for the first time this past
Thursday. This Sunday, He will
also watch the Grammys with
Katie.

Melissa

Helped her mother decorate the
house for Valentine's Day. She also
dusted, vacuumed her bedroom,
folded clothes., emptied the
dishwasher, and went food
shopping with her father.

STRIVES



- We discussed the roots of Black History Month and how this celebration began.
- We also discussed Heart Health Month and how we can keep our bodies healthy.

