

JOIN US:

**Tuesday-Thursday
Saturday & Sunday
4:30pm-6:00pm
7:30pm-9:00pm**

Well Wishes

The Virtual Connections family would like to wish Lauren good luck in this next chapter in her life as she moves into her group home on June 1st!

*Good Luck to the entire
Virtual Connections family
this week at the Spring
Virtual Connections Concert!*

**Join us this week
for the**

**Spring Virtual
Connections Concert**

**Wednesday,
May 31 2023**

Let's Connect

Respite@citizens-inc.org

Week 21

Kudos and Highlights

Corey

Saw 5 Thunderbirds fly over his house on Saturday!

Sohum

Went to Emma Clark Library for the first time in a year to hang out with friends

Melissa

Helped the dishwasher week. Planting flowers and broccoli with mom on Sunday, BBQ with brother and sister in law on Monday, went to work at the Jerico Hubsite on Friday.

Patricia

Was able to lose 12lbs by cutting carbs, exercising, drinking lots of water, and staying away from heavy foods. She also saw the Thunderbirds while walking in Wantagh Park.

Anthony

He made a Tie Dye Shirt at his library, went to the Bayport Aerodrome Carshow and went with his group for a morning walk at program. He also participated in field day, color war and scavenger hunt and ate Panera Bread for lunch. He also attended the Bethpage Airshow to see the Thunderbirds.

Laura

Enjoyed her birthday with her family at TGI Fridays! They even sang Happy Birthday to her!

Gloria

Saw the "Little Mermaid" and attended a presentation at the Tiles Center.

Michelle R

Assisted with creating and emailing the flyer for the Spring Virtual Connections Concert. She also got a housewarming gift for Lauren.

Noah

Was featured on the e-newsletter for the MLK Dream Project. He also will be recognized for his work on Wednesday at the Volunteer Recognition Day.

Michelle B

Thursday Tackapausha Museum in Seaford, and went to the family BBQ in Brookville and saw Michelle R and her brother, Friday bowling in Montauk, Saturday bowling and helicopter show in Eisenhower Park Saturday night

STRIVES